

Quick Reference Resource Sheet for Families

Parenting Tips

Parents Anonymous- 24 hour parent stressline/family helpline 1.800.THE.KIDS
(Can give advice over the phone & provides parenting groups) www.pa-of-nj.org

Counseling and Behavioral Services

Danellie Counseling- individual and family counseling (*must have insurance)- 856.881.8689 www.robinsnestinc.org
Mobile Response/PerformCare- **CRISIS INTERVENTION**- responds within an hour of call- 1.877.652.7624
Robins Nest- Healthy Families (in-home visiting service to pregnant or new mothers)- 856.881.8689
Center for Family Services- counseling and community resources- 1.877.922.2377 www.centerffs.org
New Point Behavioral Health Care- 856.845.8050 www.newpointbhc.org

Family Support Services

Woodbury Family Success Center- 856.848.7150 (free services and programs for children and families)
*See calendar for free events at www.hispanicfamilycenter.com
Big Brothers/Big Sisters – 856.616.2340 www.bbbsnj.org

Health Insurance

Medicaid

1.800.356.1561

Website: www.state.nj.us/humanservices/dmah

Navigator Exchange Program

1.877.9ACCESS

Website: access@centerffs.org

Utility Assistance

NJ Home Energy Assistance Hotline- 1.800.510.3102 www.state.nj.us
Tri- County- 423.0040 or 423.0066
Catholic Charities- 856.845.9200 www.catholiccharitiescamden.org
Volunteers of America- 856.853.0350 www.voadv.org

Homeless Prevention/Homelessness

Homeless Prevention- Tri County- 856.451.6330
Homeless Prevention hotline- 856.453.3823 www.state.nj.us
First Call for Help- 1.800.648.0132 www.mobile.nj211.org
Board of Social Services- 856.582.9200 www.gloucestercountynj.gov
Family Promise -856.243.5971 www.familypromisegc.org
Dial **211** for resources and assistance.

Domestic Violence and/or Sexual Assault Help

SERV- Center for Family Services- (*free and confidential service) 1.866.295.SERV or 856.881.3335 www.centerffs.org

Substance Abuse Treatment

Center for Family Services- 1.877.922.2377 www.centerffs.org
Maryville- 863.3913 www.maryvilleni.org
SODAT- 856.845.6363 www.sodat.org

Safety and Well-Being Reminders!

NEVER LEAVE A CHILD ALONE IN A CAR OR UNATTENDED- SUPERVISE CHILDREN IN POOLS AT ALL TIMES!
GET YEARLY MEDICAL AND DENTAL EXAMINATIONS FOR YOUR CHILD!!